SKIN THERAPIES

Skin Scan			R 300
Isa Carstens® Skin Science			
Personalised Facial (Hydrate, Oil Control, Anti-aging & Soothing)	60	Min	R 600
Deep Cleanse Facial	75	Min	R 650
Add-on: Alginate Mask	20	Min	R 250
Lamelle			
Professional Peels: Lactifirm | Alpha | Beta	45	Min	R 800
Basic Facial	60	Min	R 600
Dermaplaning Facial	75	Min	R 870
Radio Frequency Facial	75	Min	R 900
Ntrymed			
Personalized Facial (Hydrate, Detox, Pigmentation, Anti-aging & Soothing)	60	Min	R 450
Esse			
Express	30	Min	R 450
Experience	60	Min	R 850
Live Probiotic Experience	75	Min	R 1130
Teen Detox Facial	60	Min	R 450

NON-SURGICAL FACIAL AESTHETICS

Dermaplaning Add-on to any Facial	30	Min	R 290
Microneedling			
Face	60	Min	R 1500
Face & Neck	75	Min	R 1750
Face, Neck & Décolleté	90	Min	R 2100

RADIO FREQUENCY

Venus Freeze			
Face	45	Min	R 650
Face & Neck	60	Min	R 700
EndyMed 3DEEP			
Full Face & Neck	60	Min	R 2700
Full Face	45	Min	R 2025
Jowls & Neck	30	Min	R 1350
Perioral	20	Min	R 850
Forehead & Eyes	30	Min	R 1280

BODY THERAPIES

In-Body	15	Min	R 300
Extra Time to any Massage	15	Min	R 110

RELAXATION & WELLNESS

Swedish Massage	30	Min	R 380
	60	Min	R 560
	90	Min	R 850
Holistic Massage	30	Min	R 420
	60	Min	R 620
	90	Min	R 790
Hot Stone Massage	30	Min	R 440
	60	Min	R 600
	90	Min	R 790
Back & Neck, Foot or Scalp Massage	30	Min	R 380

THERAPEUTIC RELIEF

Deep Tissue Massage	30	Min	R 450
	60	Min	R 600
	90	Min	R 880

LYMPHATIC & SCULPTING

Manual Lymph Drainage	60	Min	R 590
	90	Min	R 750
Bella Baci Massage	45	Min	R 480
	90	Min	R 750
Therma Tight (Radio Frequency)			
Thighs (Front or Back)	45	Min	R 950
Stomach	30	Min	R 700
Buttocks	30	Min	R 700

BODY RITUALS

Exfoliation Full Body	45	Min	R 250
Exfoliation Back Only	30	Min	R 180
Exfoliation Full Body & Wrap	75	Min	R 630
Back Facial	45	Min	R 410
Hair & Scalp Ritual	45	Min	R 320

HAND & FOOT THERAPIES

Express Manicure or Pedicure	30	Min	R 240
Classic Manicure or Pedicure	60	Min	R 355
EVO Manicure or Pedicure	90	Min	R 515
Summer-Heel Add-on to Pedicure	15	Min	R 150
Paraffin Wax Add-on to Pedicure	15	Min	R 160
French Paint Add-on to any Manicure or Pedicure	15	Min	R 70

NAIL ENHANCEMENTS

EVO Overlay Only (Includes Express Mani or Pedi)	75	Min	R 330
EVO Nail Repair	Per	Nail	R 75
EVO French Overlay (Includes Express Mani or Pedi)	75	Min	R350
Gel Soak-Off Only	30	Min	R 140
Gel Soak-Off with Re-application	90	Min	R 420
Acrylic Overlay	60	Min	R 420
Acrylic Overlay with Tips	90	Min	R 600
Acrylic Sculpture	90	Min	R 650
Acrylic Ombre with Tips	90	Min	R 700
Acrylic Two-Week Fill	75	Min	R 420
Acrylic Nail Repair	90	Min	R 80
Acrylic Soak-off	45	Min	R 160

BROWS & LASHES

Brow Tint & Shape (Wax or Tweeze Included)	30	Min	R 220
Brow Tint Only	15	Min	R 110
Brow Lamination & Tint	75	Min	R 580
Lash Tint Only	15	Min	R 130
Lash Lift & Tint	75	Min	R 580
Brow & Lash Tint Plus Brow Shape (Wax or Tweeze Included)	45	Min	R 300

HAIR REMOVAL

WAXING

Brow / Lip / Chin / Nose / Ears	15	Min	R 110
Brow & Lip Combo	30	Min	R 190
Face - Full	45	Min	R 320
Underarm	30	Min	R 150
Arm - Full	60	Min	R 260
Bikini	30	Min	R 220
Brazilian	60	Min	R 340
Hollywood	60	Min	R 370
Leg - Half	30	Min	R 260
Leg - Full	60	Min	R 380
Chest or **Stomach**	30	Min	R 260
Back	30	Min	R 260
Epilation Hair Removal (Subject to Availability)	Per 15	Min	R 310

COOLITE EVO LASER HAIR REDUCTION

Chin	15	Min	R 200
Upper Lip	15	Min	R 150
Face - Full	45	Min	R 1000
Cheeks	30	Min	R 360
Neck	30	Min	R 360
Underarms	30	Min	R 400
Bikini	30	Min	R 400
Bikini & Underarms Combo	60	Min	R 700
Brazilian	60	Min	R 600
Hollywood	60	Min	R 700
Leg - Half	45	Min	R 1100
Leg - Three-Quarter	45	Min	R 1150
Leg - Full	60	Min	R 1800
Back - Full	45	Min	R 1600
Back - Lower or Upper	30	Min	R 800
Chest	45	Min	R 800
Stomach	30	Min	R 550
Areola	15	Min	R 350

WELLNESS PACKAGES

Wellness Indulgence Express Manicure, Express Pedicure, 60 Min Swedish Massage, Personalised Facial	180	Min	R 1500
Wellness Escape Express Pedicure, Personalised Facial, 60 Min Hot Stone Massage	150	Min	R 1300
Stress Break Express Pedicure, Scalp Massage, Body Scrub, 60 Min Swedish Massage	150	Min	R 1300





Welcome

Welcome to the Isa Carstens® Wellness Sanctuary,
an extension of our world-renowned training institute.
We pride ourselves on facilitating therapy under supervision
in a unique environment. All services provided by students
in training may be interrupted for guidance.
We hope that your experience will be truly memorable.

***Receive 10% Discount on a Course of 5 Treatments**
***Receive 15% Discount on a Course of 10 Treatments**

Salon Etiquette

- Booking in advance is recommended; all treatments are subject to availability.
- Please arrive 15 minutes prior to scheduled appointment time.
- You will be required to complete a consultation form as this will enable us to provide you with the best possible service.
- Please adivise us if you are pregnant, have a medical condition or serious injury.
- Late arrival will result in a reduction of treatment time and the full fee will apply.
- Kindly switch off mobile phones.
- Please remove contact lenses, all personal effects and jewellery prior to your treatment as management will not be held liable for loss of personal possessions.
- 24 hours notice is required to change or cancel any appointments.
- Prices will be reviewed annually; all current prices apply.
- Minors (16 years of age and younger) need to be accompanied by an adult for supervision.
- Please feel free to share your feedback with the Lecturer or Manager.
- Smoking is not permitted.

Wellness Sanctuary
by isa carstens®

+27 (0) 12 940 4994
+27 (0) 79 195 1054
wellnesspta@isacarstens.co.za

Physical Address:

408 Lynnwood Road,
Opposite Menlo Park High School,
Entrance in Rosemary Road,
Lynnwood, Pretoria, 0081

Business Hours:

Monday to Friday
08:00am - 17:00pm
Saturdays
08:00am - 13:00pm
Sundays & Public Holidays
Closed

isacarstens.co.za



Wellness Sanctuary
by isa carstens®